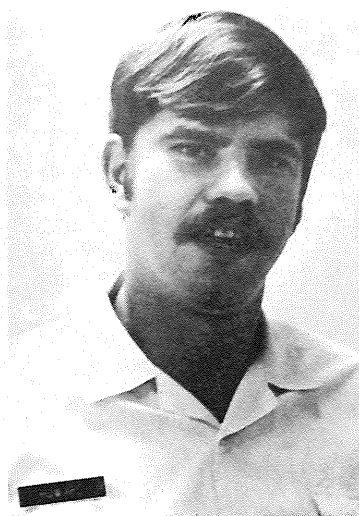


# SAILOR'S of the QUARTER



HM3 HUTCHINS



HN HOWARD



FALL SEMESTER

SOUTHERN ILLINOIS UNIVERSITY will commence it's Fall Semester for the Health Care Services Program on 25 August 1979. It is possible to earn a Bachelor of Science Degree right here at NRMCMemphis.

Did you know that it is possible to get tuition assistance for this program from BUMED? (The Navy pays 75% of the cost and you pay 25%)

If you are (or were at the time you entered the service) a resident of Illinois, you may be eligible for the Illinois Veterans Scholarship while enrolled in the SIU program.

For program and financial assistance information see Jim New in Room 227, or call 872-8621.

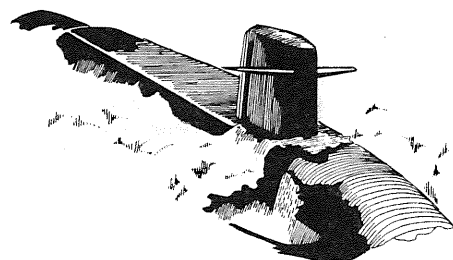
## CREDIT UNION

FROM THE OUTSIDE  
LOOKIN' IN...

The credit union is having a savings contest. For every \$25 you deposit into your regular share savings account, share draft account to Minimum Balance account, you will receive one ticket for the contest drawing.

The savings contest will begin June 1 and continue through August 31. The drawing will be held at the main office on September 1. You do not have to be present to win.

Whatever activities you plan for the summer, your CU would like to add to your enjoyment and the prizes being offered for the savings contest are: Moped bike, portable color TV and a stereo.



FRIENDSHIP AND FABLES  
UPS AND DOWNS  
BOASTING AND TOASTING  
HAIL AND SAIL  
CRIES AND EYES

## FIRST GRADUATION

Southern Illinois University at Carbondale is planning its first Naval Regional Medical Center, Memphis graduation for it's Health Care Service Students.

Sixteen Navy Hospital Corps personnel will receive the Bachelor of Science Degree in Technical Carrers. This degree emphasises Health Care Adminstration and Management.

Commencement Exercises will be at the Naval Air Station Memphis Gold Thertre, Pat Thompson Center at 7:00 PM, on August 16, 1979. A reception will follow and will take place in the Special Interest Room at the Center.

The members receiving the Bachelor of Science Degree are: HM1 Thomas Flippin; HM1 Barry Hood; HM1 Randall Kline; HM1 Thomas Landon; HM2 Margaret Lawrence; HM1 Ricky Putnam; and HM2 Alvin Sliger.

CONTINUED

CAPTAIN C.W. BRAMLETT, MC, USN.....COMMANDING OFFICER  
CAPTAIN R.H. MEADERS, MC, USN.....DIR., CLINICAL SERVICES  
COMMANDER B.L. STEPHENS, MSC, USN.....DIR., ADMINISTRATIVE SERVICES

DUPLICATED MONTHLY ON GOVERNMENT EQUIPMENT WITH NON-APPROPRIATED FUNDS AND IN COMPLIANCE WITH NAVEXOS P-35 REV. JULY 1958. DISTRIBUTED FREE OF CHARGE TO PERSONNEL OF THE NAVAL REGIONAL MEDICAL CENTER MEMPHIS, MILLINGTON, TENNESSEE, THE CLIPPER SOLICITS ITEMS FROM ITS READERS. OPINIONS EXPRESSED BY THE WRITERS. HEREIN ARE THEIR OWN AND ARE NOT TO BE CONSIDERED AS OFFICIAL EXPRESSION BY THE DEPARTMENT OF THE NAVY.

LT J.W. SHEPHERD, MSC USN.....EDITOR-IN-CHIEF  
HN LARRY H. LAWSON.....EDITOR  
HM3 GLEN RENKEN.....ART EDITOR

from the *Editor*

IT'S NOT SATURDAY NIGHT FEVER  
IT'S NOT SATURDAY NIGHT LIVE  
IT'S NOT SATURDAY NIGHT

IT'S FRIDAY NIGHT COURAGE!!!!

Another incident of Navy Pride and fast thinking occurred on Friday, 29 June at approximately 2200 hours as a brush fire located behind Barracks 114 was quickly and thoroughly extinguished by an impromptu fire team. HM2 Paul Henson, HM3 Scott Strange and HA Thomas Sawls manned two water fire extinguishers and one CO2 extinguisher to battle the blaze which was believed to have encompassed a forty foot radius. The details of how the fire was started are cloudy; but it was believed that bottle rockets being fired from base housing could have ignited the flames. By the time the NAS Fire Department arrived on the scene, the fire had been completely snuffed by the three corpsmen. On his quick thinking and makeshift firefighting actions, HA Sawls commented, "I tried to remember what I had learned in Boot Camp. Heck I had to do something; I live in '114'!"

Whatever the reasons, praises go out to Hensen, Strange and Sawls for a job well done!

## SOFTBALL

"79"

### ARMADILLOS WIN CHAMPIONSHIP

The Armadillos posted their second Hospital League Championship this season, finishing out the year with a 10-2 won lost record.

"Although we lost a few games that we shouldn't have, we still had a good defense and I feel we were one of the top teams on base," said HM3 Don Langlais, the Armadillo Coach.

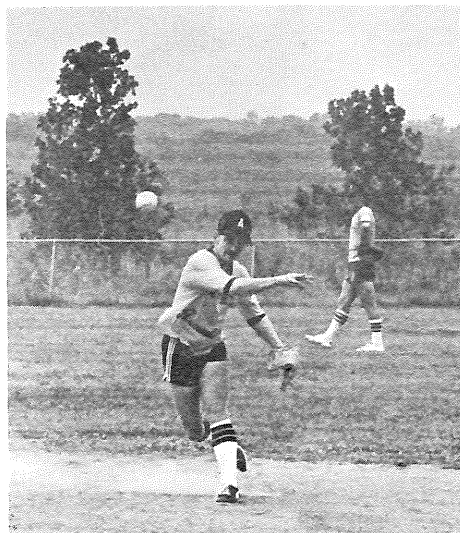
After the regular season was over, the Armadillos drew a bye into the NAS Championships.

It was a rougher road for the Branch Clinic, who emerged as champs of an elimination tourney for all other hospital teams.

In the tourney, a double elimination affair, both hospital teams encountered problems with the NAS squads. The Armadillos struck the final blow to the Branch Clinic, and one night later, their bubble burst as the Marines handed the fighting Armadillos their second loss, by a 7-6 margin. "I was dissapointed that we didn't fare any better in the playoffs," commented Langlais.

Will the Armadillos emerge again next year? "I don't think so," says Langlais. "A lot of our men are short timers and only four or five of our men will be back next year."

Who will have it next year? Ask Steve Beaver.



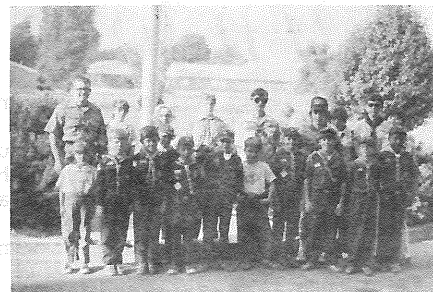
### NEW TIR SYSTEM FOR ADVANCEMENT ELIGIBILITY

The advancement system for all enlisted personnel has been revised, effective immediately.

Time in Service, will no longer be a factor in determining eligibility criteria for an advancement exam. However, the Time in Rate requirement for advancing to E-4 and E-6 has been changed from 6 months to 9 months, and 2 years to 3 years, respectively. Due to the increase in the TIR, those members that would have been eligible under the old system, but failed to meet requirements with the new system, will be eligible for a waiver on the TIR requirement. Only those who would have been eligible, including the TIS requirements, will qualify for a waiver.

This information may be somewhat confusing, as it was to us initially, therefore, if clarification is needed, please stop by Education, or call Ext. 5847.

### SCOUTS CELEBRATE FLAG DAY



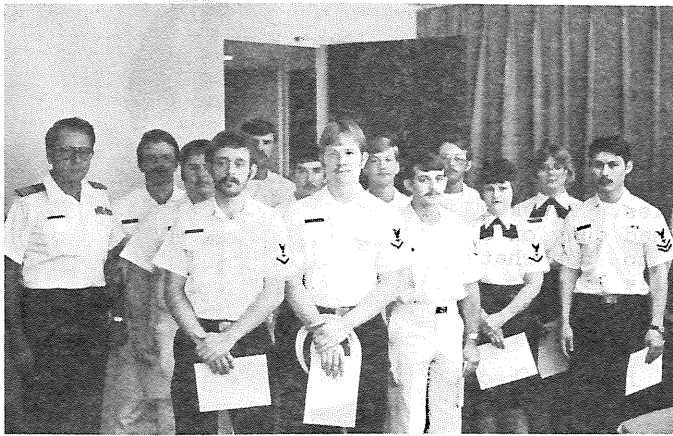
Cub Scout Pack, 281 sponsored by the Naval Regional Medical Center, Memphis held a flag raising ceremony on June 14, Flag Day at the Center. This ceremony marked and was in Honor of the 202nd anniversary of our flag.

Acting as Color Guard were: M.J. Scanlon, R. Hemmings, J. Viverito, and G. Sanders.

### SOUTHERN ILLINOIS UNIVERSITY

CONT. FROM PREVIOUS PAGE.

Receiving their degrees in absentia are: HMC Philip Armstrong; ENS Dallas Risignano; HMC Lewis Brewer; HM2 Robert Fanger; HM2 Andrew Fisher; HM3 Ricky Flores; ENS Dennis Halley; HM3 Mark Morehouse; and HM2 Morris Moulton.



## FRIENDSHIP

Why does a military nurse stay with her patients when the hospital is under enemy attack?

What motivates a soldier, airman or marine to throw himself on a live grenade during battle in order to shield his comrades from the blast?

Why does a sailor jump into a raging sea to save a shipmate from drowning?

Minsiters may say it's love that motivates a person's willingness to sacrifice his or her life for a friend. Psychologists, get a bit more involved, calling such actions a "counterphobic mechanism", or in a layman's term, doing a job or performing an action even though you are scared stiff.

Heroic, self-sacrificing attitudes and actions have long been associated with military service where teamwork and the close association of members foster strong bonds of friendship.

"In winter quarters," one writer pointed out of the Civil War soldier, "every man had his chum or bunkmate, with whom he slept, walked, talked and divided hardship or comfort as they came along; and the affectionate regard of each for the other was often beautiful to see. Many such attachments led to heroic self-denials and death, one for the other...."

The life and death drama of combat adds a special intensity. Bill Mauldin wrote in Up Front, "When you lose a friend you have an overpowering desire to go back home and yell in everybody's ear, 'This guy was killed fighting for you. Don't forget him ever.'"

Such is the caliber of military friendship. In times of war and peace, it is a special bond which gives added significance to servicemembers' performance of duty and to accomplishment of the military mission.

## THE LITTLE RED HEN- A PRODUCTIVITY FABLE

Once upon a time there was a little red hen who scratched about the barnyard until she uncovered some grains of wheat. She turned to other workers on the farm and said: "If we plant this wheat, we'll have bread to eat. Who will help me plant it?"

"We never did that before," said the horse, who was the supervisor.

"I'm too busy," said the duck. "I'd need complete training," said the pig.

"It's not in my job description," said the goose.

"Well, I'll do it myself," said the little red hen, and she did. The wheat grew tall and ripened in to grain. "Who will help me reap the wheat?" asked the little red hen.

"Let's check the regulations first," said the horse.

"I'd lose my seniority," said the duck.

"I'm on my lunch break," said the goose.

"Out of my classification," said the pig.

"Then I will," said the little red hen, and she did.

"At last it came time to bake the bread. 'Who will help me bake the bread?' asked the little red hen.

"That would be overtime for me," said the horse.

"I've got to run some errands," said the duck.

"I've never learned how," said the pig.

"If I'm to be the only helper that's unfair," said the goose.

"Then I will," said the little red hen.

She baked five loaves and was ready to turn them in to the farmer when the other workers stepped up. The wanted to be sure the farmer knew it was a group project. "It needs to be cleared by someone else," said the horse.

"I'm calling the shop ste-

## ADVANCED

The below listed personnel were advanced to the following rates during the months of May, June and July.

To HM3: M. Carlson, F. Cichon, J. Hollis, R. Howard, J. Irish, J. T. Jackson, J. Jordan, L. Lawson, R. Litterell, G. Mapp, R. McCutcheon, D. Pautz, S. Jennings, C. Powell, G. Renshaw, W. Ridge, L. Selcie, M. Smith, C. Steele, T. Storey, S. Strange, E. Taggart, J. Thompson, C. Varvel and A. Yancey.

To HN: A. Brown, F. Brown, L. Clayborn, D. Hill, J. Morgan, T. Prescott, G. Stone, M. Thomas, J. Turner, L. Wagner, J. Taylor, R. Cunningham, T. Sisney, J. Foley, C. Martin and W. Thomas.

To DN: Dennis Edwards.

To HA: D. Crislip, R. Trice, M. Davis, M. McKay, D. Bunkers and R. Markin.

ward," said the duck.

"I demand equal rights," yelled the goose.

"We'd better file a copy," said the pig.

But the little red hen turned in the loaves by herself. When it came time for the farmer to reward the effort, he gave on loaf to each worker.

"But I earned all the bread myself!" said the little red hen.

"I know," said the farmer, "but it takes too much paperwork to justify giving you all the bread. It's much easier to distribute it equally, and that way the others won't complain."

So the little red hen shared the bread, but her co-workers and the farmer wondered why she never baked any more.

## FAREWELL TO THE QUEEN

When the day arrives for the final "permanent change of station" orders, back to civilian life, it is usually faced with mixed emotions. The emotions may range from that of regret for leaving, that which is known for that which is unknown, to a feeling of freedom and excitement as plans for the future are made. Both the first term and the career man feel the same emotions to varying degrees.

To obtain some departing view of a first term about to turn civilian, an in depth interview was conducted with HM3 Sheila Williams. Sheila was the 1978 Navy Relief Queen, which is no small feat, as a candidate from one of the smaller commands many votes have to be won from the larger commands. A graduate of Hospital Corps School, Great Lakes, she worked in a wide variety of areas including the Nursery, OB Ward, Urology Clinic; and at the Branch Clinic; Medical Statistics, as a sick call screener and in the treatment room. A sports enthusiast, Sheila participated in volleyball, basketball and softball. Highlights included winning the 1978 6th Naval District softball championship, and going to the 1979 6th Naval District basketball playoffs.

The questions that were asked and answered are contained in the following dialogue:

Q: You have worked in many different areas. What area did you enjoy working in the most and why?

A: I enjoyed working in the OB Ward more, because I liked being able to provide direct patient care. Being a sick call screener was satisfying work but I wished they had had a certification course like they do now. It would have made the change to outpatient care easier. I think training and certification promotes better utilization of people because they are more capable and ready to assume the responsibility of being a sick call screener.

Q: Do you feel that women in Navy are given work and responsibility that is equal to that which is given men?

A: Yes. We have always shared the workload of both the good and the bad jobs. Whether it was treating a patient or taking out the trash we all did an equal share of the work.

Q: Do you feel there are equal opportunities for women in the Navy?

A: In the areas of advancement and educational programs, yes. Of course there are limitations to sea duty but I don't think I would like chipping paint or other shipboard duties. I would have liked to have had duty on a hospital ship, just to see what being at sea is really like.

Q: Would you have liked to have gone on to further speciality training?

A: I think I would have liked being a lab technician.

Q: Do you feel that you have taken advantage of all the opportunities provided you in the Navy?

A: No, I had a chance to become EMT certified, and I wish now that I had. There were a couple of other certification courses I should have also taken advantage of but didn't.

Q: Would you have done anything differently based upon what you know now?

A: I would have taken advantage of all medical training and certification programs that were available.

Q: Of course, one of the big questions is always, why are you getting out of the service?

A: There are a number of reasons I'm going back to college. I plan to enrol in Memphis State University in a pre-med program. There were also certain things in regards to my work that I either didn't like or feel should have been changed.

Q: Do you feel that the Navy has been a worthwhile experience for you?

A: Very much so. I would do it all over again.

Q: Do you think the Navy would be a worthwhile experience for other men and women?

A: Yes. It gives them a chance to earn an income while learning and seeing new places. It provides a time for maturing before making career decisions.

Q: Are there any last thoughts, words of encouragement or advice that you would like to pass on to your shipmates?

A: I feel very fortunate that I had the chance to work with so many good people while in the Navy. I would like to encourage everyone to make a real effort to enjoy their work each day and to take advantage of every opportunity the Navy provides. I would like to give a special thank you to LCDR Benedict, who has been transferred, for the counseling he provided and to Physician's Assistant McGuire for taking the time to teach me what I needed to know about diagnosing and treating outpatients.



Thank you HM3 Sheila Williams for the interview, and we wish you every success as you plan and set your goals for the future.

## MEDAL OF HONOR

The tranquility of Vietnam in 1969 had been a mastery of deception. American troops had scouted the Vietnamese highlands for what seemed to be the last vestiges of communist influence and found nothing to contradict the viewpoint that the war was almost over. But they soon received a rude awakening from Viet Cong troops hiding near the Laotian border. Having completed their retreat, attacking American strongholds from Quang Tri to Quang Nam.

On March 19, a North Vietnamese battalion tore through a First Marine Division compound in Quang Nam Province, blasting unsuspecting American troops with round after round of mortar fire. Among the more severely wounded was Hospital Corpsman Second Class David R. Ray of Nashville, Tenn., who neglected his own injuries to aid others while firing at his attackers, who were almost at arm's length. Severely wounded and out of ammunition, Ray sacrificed his own life to save a wounded Marine by shielding him from the fragments of an exploding grenade.

For his unselfishness, Ray was posthumously awarded the Medal of Honor, the highest honor awarded to an American serviceman.

An accompanying citation related, "An estimated battalion-sized force repeatedly pounded the compound with gunfire until all resistance was eliminated. Enemy soldiers, anticipating little opposition, then destroyed a barbed wire perimeter fence and stormed the encampment."

CONTINUED



## MEDAL OF HONOR

"Ray moved from parapet to parapet, rendering emergency medical treatment to the wounded."

While giving medical attention to two wounded Marines, Ray killed one enemy soldier and wounded another in close combat, although he was close to death himself.

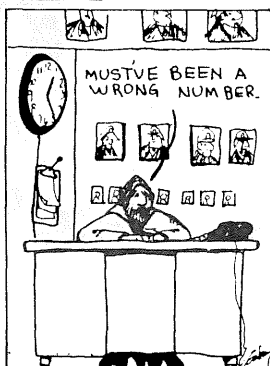
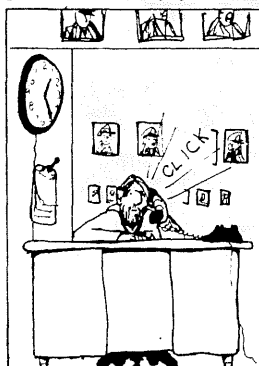
"Rapidly losing his strength as a result of his own wounds," he continued to "move through a hail of enemy fire," seemingly oblivious to the danger that surrounded him.

According to the citation, Ray's final act was to protect the patient he was treating. He threw himself on the wounded Marine to save the man's life when an enemy grenade exploded near by.

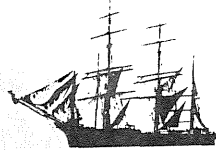
"By his determined and persevering actions, courageous spirit, and selfless devotion to the welfare of this Marine comrades, Petty Officer Ray served to inspire the me of Battery D to heroic efforts in defeating the enemy. His conduct throughout was in keeping with the finest traditions of the United States Naval Service," the citation read.

"The president of the United States.....takes great pride in presenting the Medal of Honor posthumously for David R. Ray, Hospital Corpsman Second Class, United States Navy, for conspicuous gallantry and intrepidity, at the risk of life and beyond the call of duty while serving as corpsman with...(the) first Marine Division..."

GOOD AFTERNOON. CLINTON HALL QUARTERDECK, BMSN HORTLEY SPEAKING. THIS IS A NON-SECURE LINE; ANYTHING YOU SAY CAN BE RECORDED, AN' YOU'D NEVER KNOW IT, AN' THEY CAN TRACE THE LINE TO YOU, AN' GET YOU WHERE YOU STAND. MAY I HELP YOU?



# WAIL & FAIRWELL



## DEPARTURES

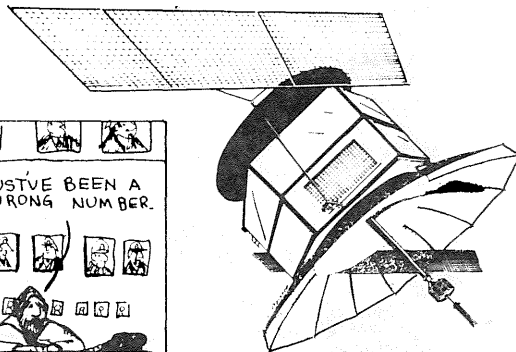
CDLR LONNIE H. SESSLER, MC  
LCDR HOWARD W. NATHAN, MC  
LT PAULA D. OVERSTREET, NC  
LT MARY J. DOOLING, MSC  
CAPT. KATHALEEN R. JONES, NC  
LCDR ROBERTA J. SHIELDS, NC  
LCDR JAMES W. WILSON, MC  
LCDR GEORGIARENE SASSER, NC  
CDR JAMES K. BROWN, MC  
LCDR MIKI IWATA, MC  
LT ANNA M. KIEL, NC

HMC PHILIP R. ARMSTRONG  
HM2 CHRISTOPHER C. FAHNESTOCK  
HM2 RANDY E. HALL  
HM3 JANET M. DUCAN  
HM2 RICK E. HALLMARK  
HN PAUL J. HANKINS  
HM2 WILLIE J. BLOOM  
HM1 JAMES S. SHADDEN  
HN EDWARD SANCHEZ  
HN THOMAS JUDAH  
HM3 ROBERT J. HARDIN  
DT2 BRENDA K. DUENSING  
HN WILLIAM E. HAMILTON  
HM3 GARY G. BROTSCHUL  
HM2 ROYCE E. HAMM  
HM2 DALE O. ROLAND  
HM3 TIM A. SULLIVAN  
HM3 HOWARD R. DRAKE  
HM2 GARY L. BAKER  
HM3 RICKEY D. REA  
HM3 RICARDO FLORES  
HM3 SHIELA K. WILLIAMS  
HM3 ROBERTA L. PAGLIA  
HM3 RANDAL G. CROCKER  
HM3 MARK A. MOREHOUSE  
HM3 STEVEN G. MCILVRIED  
HM3 JOSE L. ESTRADA  
HM3 STEPHEN E. TAYLOR  
HN ROBERT H. BROOKS  
HM3 RICHARD ALVARADO  
HM3 RICHARD D. SNOW  
HM3 JOSEPH POPE

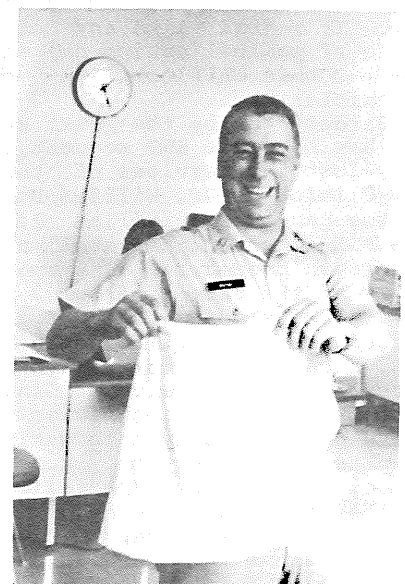
## ARRIVALS

ENS EMILE D. WITTEBORT, NC  
ENS KIM E. GILLOW, NC  
ENS DEBRA G. TRIMBLE, NC  
LTJG SANDRA HAYES, NC  
CDR DOLORES A. WRIGHT, NC  
LCDR ELIZABETH A. MCLAURIN, NC  
LT KENNETH H. MCGILL, NC  
ENS RICHARD L. SPINKS, NC  
LT LYNN A. MARKOWITZ, NC  
LT PATRICIA J. GLENN, NC

HM3 STEVEN W. SMITH  
HA RICHARD K. CUNNINGHAM  
HM2 PAUL A. HENSON  
HA DELANA S. DORRIS  
HR THOMAS Y. SAWLS  
HR ROBERT H. CROSS  
HA DONALD P. HILL  
HN DOUGLAS E. CURRAN  
HN WILYE HICKERSON  
HN THOMAS PORTER  
HA RUSSELL L. BRIGHT  
HN RITA J. CRAWFORD  
HMC DAVID L. SHIPMAN  
HM2 WILLIAM J. ELLINGSWORTH  
HA MARISA C. LINDO  
HR MARY C. MCKAY  
IC2 MELVIN HUGHES  
DN DWIGHT M. FLETCHER  
HN JOSEPH W. REILLY  
HN JAMAL S. TAYLOR  
HN DEBORAH A. KURAS  
HM3 RANDY LOLLAR  
IC2 CHARLES E. MCGHEE  
HN HOWARD S. KLEIN  
HA LYNN HOAGLAND  
HM2 LORA NELSON  
HN MARGARET DAVIS  
HA DAVID R. BOSELEY  
HA SIMON M. COMBIE  
HM3 CLAIRE L. JOHNSON  
HA CLIFTON L. HARDING  
HA GREGORY STONE  
HM3 MICHAEL W. SUPENIA  
HR DAVID B. CRISLIP  
HR RICHARD TRICE  
HR SAMUEL A. CHESNEY

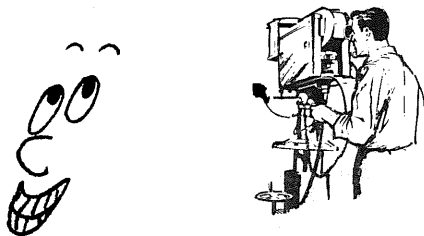


CONGRATULATIONS TO ALL  
"SKYLAP" SURVIVORS



Mr. Huju's...CHECKOUT SLIP ???

CLIPPER  
CLOSE  
UP...



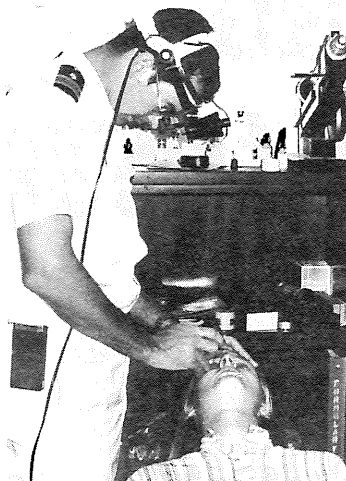
# EENT

Nestled in a quiet corner of the hospital with many complicated pieces of equipment and the friendly technicians is the NRM C EENT Clinic. To clarify, this encompasses two separate clinics the Eye Clinic and the Ear, Nose and Throat Clinic. However, the two clinics work as a single unit to perform all medical and surgical procedures pertaining to their field.

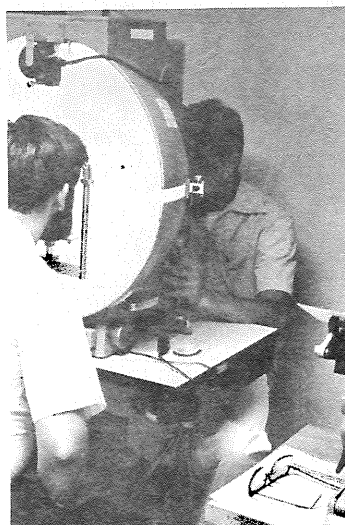
Although business has been cut drastically with the coming of the summer, these people can still be found doing either diagnostic tests or operative procedures as they are required. "Although this equipment appears rather complicated, once one learns the function and operation, there's no problem using it. "It's just like any other piece of medical equipment," said HM2 Connie Whitlock, an eye technician.

Hardest hit by the warm summer has been the ENT segment, as they lost the services of their ENT Clinician, Dr. William Bond, to the pangs of civilian life. The ENT technicians still perform such procedures as tympanograms at the rate of about 2 per day. "I miss doing the Surgical Procedures with Dr. Bond in the O.R. because that was always interesting work," said HM2 Ginger Jackson, an ENT technician. "I think ENT is really interesting. I plan on going to nursing school and perhaps specializing in the ENT area," she said.

If the ENT services have been cut, it seems the Eye Clinic has increased its patient load through the summer months. "We have been helping do school



"But Doc; I don't want a tattoo on my forehead."



"That's because there is a spot in front of your eyes; stupid."



Hi Mom...Hi Mom...Hi Mom...Hi Mom.....

physicals as well as continue holding the screening clinic. "It has made the summer go by fast", commented HM3 Smith, another Eye Technician. The Screening Clinic is held on Mondays, Wednesdays and Fridays and during that period the technicians see around 50 patients per week. Dr. John Wright, the commands Ophthalmic Surgeon, also performs selected surgical procedures with the assistance of HM3 Smith and HM2 Whitlock in the Operating Room.

The Eye Clinic also consists of Dr. Sheldon Fingerett, an Optometrist who does eye refractions and fits patients for contact lenses. Additionally, a branch Eye Clinic at the Dispensary is run by another Optometrist, Dr. Charles Miller. Dr. Miller is Complimented in staffing by three to four OJT technicians.

Ginger Jackson, kiddingly reminds us, "see us now...or, don't see us later."

